

Ohio State University Extension Pickaway County

College of Food, Agricultural, and Environmental Sciences

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Dear 4-H Member:

4-H Camp is a great place to spend your summer! From hanging out with friends, to campfire, boating, crafts, games and activities, 4-H camp is the place for summertime fun! This letter brings camp information for 4-H members completing third grade this year through age 14 to attend **Pickaway County 4-H Camp**. For 2023 we are back to one full camp. While we love the benefits of two camps, there was just not enough space in the Tar Hollow Park schedule for us to provide two camps this year and still miss the July 4th holiday.

While Covid restrictions have been lifted, the following safety measures will continue:

- If a child is ill, they should not attend camp.
- As recommended by the American Academy of Pediatrics, Pediatricians can advise families on whether it is safe for a child to attend camp based on his/her medical history and should make sure the child is up to date on typical vaccines.
- Parents/Guardians must sign an Ohio 4-H Camp Covid-19 Acknowledgement as part of the Health Form.

Never been to 4-H camp? Wonder what it's like? Here are a few items to help you prepare:

- Camp is a place for fun and learning.
- During the day and evening, campers participate in a number of fun and educational activities like canoeing, campfire, soccer, kickball, ping-pong, ga-ga, swimming, crafts, singing, volleyball, basketball, dance, nature education, scavenger hunts, and other special programs.
- Everyone eats their meals together, typically in the lodge. At meal-time, we also make announcements and sing camp songs.
- © Camp is fun! Cabins are part of a larger group that competes in challenges and games throughout camp. Everyone receives recognition for their team's efforts.
- The Canteen sells snacks, t-shirts and other camp supplies. A little extra money is needed to make purchases from the canteen and for craft items. (Campers are responsible for managing their own money. Small denominations are recommended!)
- At night, campers stay in cabins. There are 4-6 campers with one or two counselor(s) in each cabin. Girls' and boys' cabins are on designated hills, separated by the main lodge and grounds.
- Camp is supervised by adult professionals who are trained and experienced in working with youth. Additional supervision is provided by permanent camp staff (usually college students) and counselors (high school students).
- Counselors have participated in training meetings and a "hands on" training program at Tar Hollow prior to camp. Last year all counselors received a 3-year Red Cross CPR certification.
- Two medical professionals (either LPN's or RN's) go to camp with us.

Read on to learn how you can participate in all the fun this summer. Hope to see you at camp!

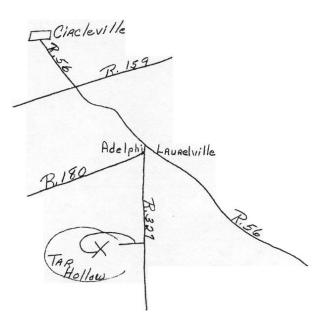
Sincerely,

Joy E. Sharp

Joy E. Sharp Extension Educator, 4-H Youth Development

4-H Camp Takes Place at Tar Hollow State Park Resident Camp

Directions from Circleville: Follow SR 56 southeast out of Circleville to the intersection of SR 56 and SR 180 near Laurelville. Take Route 180 to Adelphi, then Route 327. Follow Route 327 approximately 8 miles to Tar Hollow State Park entrance sign on right. Turn into the park and follow the Resident Camp and/or 4-H Clovers signs to the camp.



Pickaway County 4-H Camp



Join the beach bums, tourists, surfers, and lifeguards for a great week at the Tar Hollow Beach! The 2023 Pickaway County 4-H Camp will take place from **Thursday**, **July 6 to Sunday July 9**. <u>Full time participation is required</u>. The camp is located at Tar Hollow Group Camp in Tar Hollow State Park. Come join in the beach fun including crafts, canoeing, games, volleyball, swimming, line-dancing, and campfire!

To register: Complete the enclosed application and return it to the Extension Office. We will accept registrations until **May 24 at 4:30 p.m.** or until camps are full. Include:

- 1. Registration Form
- 2. Check made payable to "OSU Extension Pickaway County".
 - Camp t-shirts are included in your camp registration. Your shirt will be ready for you when you get to camp[©]
 - We will not have a formal group photo, but camp photos will be taken and available online to download following camp[©]
 - Reduce your fee by \$75 if you qualify for financial need. (must complete the scholarship application)
 - Reduce your fee by \$50 if your parent is a member of Farm Bureau (you must include your membership number from your card).
 - Reduce your fee by \$20 if this is your first year at 4-H camp.
- 3. Health Statement with photo.
- 4. Covid 19 Acknowledgement form.

Camp dates: July 6-9

Check in: 3:00-4:00 p.m. July 6

Dismissal: 10:30 a.m. July 9

Registration: due by May 24 at

4:30 p.m.

Camp Cost: \$145 - Camp shirts are included in your registration.

Camp Discounts: Thanks to many supporters we have three different discounts that may apply to your camper.

Late Registration: Late registrations will be accepted until June 2 if space is available with an additional \$10 late fee included.





Pickaway County 4-H Camp



Health Information:

At camp we do our best to keep your children safe and healthy. If your child is at risk of needing an epi-pen while at camp, please bring three. If there are special accommodations or food allergies that we need to be aware of, please call at least 2 weeks prior to camp check-in. Each child will participate in a Health Assessment upon their arrival. This is a very simple procedure that will include taking their temperature and asking a few health-related questions. Children who have a fever or are determined to be ill, may be asked to return home.

Pickaway County 4-H Camp Scholarships and Discounts:

Thanks to the **Gary Family**, Pickaway County will offer 4-H camp scholarships in memory of Chris Gary for up to twenty campers. Scholarships will be awarded in the amount of \$75 each. Any 4-H family that qualifies for or receives public assistance is eligible. Applications are available at the Extension Office or on-line at www.pickaway.osu.edu. To be considered, scholarship applications must be complete with all supporting documentation attached, be included with the Camp Registration form, and returned by **May 24**. If selected, remaining camp fees are due by June 30.

Thanks to the Pickaway County Farm Bureau, we will be offering \$50 discounts for all 4-H campers whose <u>parents/guardians</u> are Farm Bureau members. Thanks to the **TSC Paper Clover Campaign**, all first time 4-H campers will receive a \$20 discount!

What to Bring and What Not to Bring:

All medication is to be checked in with the camp nurse at registration. Prescription medications must be in their original container. The following is a list of items to bring, and items that are prohibited:

Please Bring:

- Theme related items to wear for fun.
- Sleeping Bag and/or Blankets, Sheets and Pillow
- Comfortable Clothing for 2 days. (jeans, shorts, t-shirts, socks, underclothes, pajamas, extra outfit for evening as we get hot and dirty during the day)
- Jacket, Sweatshirt or Raincoat

- Bathroom Kit-soap, shampoo, deodorant, towel, toothbrush, flip flops (for shower only)
- Flashlight
- Sunscreen, insect repellent
- Plastic Bag-for wet or dirty clothes
- Approximately \$20 for crafts and canteen please bring in \$1 and \$5 denominations

Do NOT Bring:

- Roller shoes, open-toed shoes or Flip Flops (Except for showers)
- Cell Phones, Ipods, game, watch or electronic devices of any kind.



Drop Off and Check-In:

Check In: Camp check in will take place from 3:00-4:00 pm. Do NOT arrive more than 15 minutes early. As you come into camp, follow the instructions at the bottom of the hill. Cars with boys should park behind the lodge, then enter through the Nature Porch for your health assessment and check-in. Cars with girls should park below the flagpole, then come to front of the lodge for their health assessment and check-in. Parents may then assist their child carrying their items to their cabin. Counselors will be ready and waiting at the cabin to greet your child.

Pick Up, Check Out and Going Home:

Check Out: Camp check out will take place at 10:30 am. Do NOT arrive more than 15 minutes early. Do not exit your car until instructed to do so. ALL CAMPERS must be signed out by the adult taking them home. If you need to restrict who picks up your child, you must do so in writing.

Communicate the Old Fashion Way:



Camp is short, and mail can be slow. If you are looking to send a letter or card to your camper, we recommend you hand us your letter at registration instead of through the traditional mail. The phone is off limits to campers and all calls are limited to emergencies only. NO cell phones or electronic devices are permitted on premise at camp!

Camp Rules to Live By:

Failure to obey the rules will be cause for immediate dismissal from camp without refund as well as suspension of future camping privileges.

- Campers help keep the camp clean which includes cabins, restrooms and grounds.
- Campers and Counselors may not leave the hills and cabins between lights out and rise & shine except to see the nurse or to go the restroom. Campers must inform counselors when leaving the cabin in all situations.
- No boys are allowed on girls' hills before, during or after camp. The same is true for girls on boys' hills. No one is permitted on hills during programs, recreation, campfire, etc., unless otherwise excused.
- State law prohibits possession of weapons, fireworks, smoking, drinking or drugs.
- Campers are not to leave camp without the permission of the Camp Director.
- Full participation is requested of each camper.
- Campers may only be at the waterfront when a lifeguard is on duty and must obey all swimming, sliding and boating instructions. A buddy system is expected in the beach area at all times.
- Protect the camp property and respect the property of others at all times.
- Campers may not bring electronic devices such as cell phones, ipods, hand held games, etc.
- Additional program details, photos and rules may be found at: http://u.osu.edu/tarhollow/

TAR HOLLOW ELECTRONICS POLICY FOR CAMPERS AND COUNSELORS

Approved by the Ross Hocking Extension Campboard 3/27/14

Cell Phones:

Campers and counselors shall **NOT** bring any kind of cell phone to camp. Cell phones do not have reception at camp, and their use as cameras is prohibited.

Music players:

Counselors and staff may bring music players, radios, and iPod type devices but only for use in the cabins as alarm clocks and for music. Counselors may use iPod type devices outside of the cabin only at dances where the counselors are serving in a DJ capacity.

In addition, iPods may not be used to play games or in a cell phone like capacity for texting, photos, or internet purposes.

Other electronics:

Campers and counselors shall <u>NOT</u> bring any other handheld game, laptop, fitness tracker or other communications devices capable of accessing the Internet through Wi-Fi or another external network.

Cameras:

Campers may bring cameras to camp provided that they cannot upload pictures to the Internet. Due to the nature of camp programs, a disposable or inexpensive camera is highly recommended.

MESSAGE TO PARENTS:

We know in this high-tech era that it's difficult for youth to not be in constant contact with their families and friends via Facebook, texting, or cell phone calls. However, camp is a unique experience. The camp experience helps youth develop life skills including independence and self-reliance. Among the concerns that make bringing and using cell phones and other communication devices inappropriate at camp are:

- Concern that such expensive devices will be lost, damaged, or stolen. OSU Extension, camp, and staff cannot accept responsibility for lost, stolen, or damaged items at camp.
- Inappropriate use of photo and video devices. We know from media reports that the ease of uploading *inappropriate* photos and videos is a concern. Cyber bullying is not permitted before, during, or after camp.

In addition, youth contact with home if they are suffering a temporary spate of homesickness at camp may cause the condition to worsen. We fully appreciate and respect the positive relationships our campers and counselors have with their families, but if they are to benefit fully from the camp experience, they must be encouraged to develop the skills of independence and self-reliance. If there is an emergency, or if we are concerned about the youth's well-being, we will contact the parents or guardians immediately. Campers are constantly in the company of other campers and counselors while at camp, and our camps are staffed with many caring adults, including two experienced camp nurses.

Thank you for your cooperation with our electronics policy.